

## COUNSELING PROVIDER LIST

**Provider: Shante Milner, LPC, NCC**

Practice: Creative Narrative Counseling & Coaching, LLC

Website: [www.creativenarrativecc.com](http://www.creativenarrativecc.com)

Email: [creativenarrativecc@gmail.com](mailto:creativenarrativecc@gmail.com) Phone: 864-293-8123

Specialties: Telehealth, Anxiety, Depression, Trauma, Marriage Counseling, and Self-Esteem

**Provider: Chameka Duncan, LPC**

Practice: Journey to Victory Counseling Services, LLC

Email: [contactme@journeytovictorycounseling.com](mailto:contactme@journeytovictorycounseling.com)

Phone: 864-808-0218

Insurances: BCBS, Healthy Connections, Magellan, Aetna, UHC/Optum, and Self-Pay

Specialties: Anxiety, Depression, Adjustment Disorders, Self-Esteem, and Career Counseling

Ages Served: 18+

**Provider: Samantha Rousey, LMFT**

Practice: Pettigru Counseling Associates Phone: 864271-3549

Insurances: Self-Pay only

Specialties: Telehealth, Marriage Counseling, Parenting, Anxiety, Depression, and Adjustment

Ages Served: 5 and up

**Provider: Brentney Petree, Ed.S., LMFT**

Practice: Mind Body Gratitude, LLC

Phone: (803) 200-2188

Website: [www.mbg-sc.com](http://www.mbg-sc.com)

Insurance & EAP: BCBS, First Sun & MY Group Specialties: Women's issues, Anxiety, Depression

**Provider: Anisha Blanding, LPC, LAC**

Practice: Life Transitions Coaching & Wellness, LLC

Phone: 864-308-1508

Modalities: Trauma-Informed CBT & Yoga, Brainspotting, and Motivational Interviewing

**Disclaimer:** Renewal Life Counseling, LLC and its providers are not affiliated with any providers on this referral list for financial gain. Providers voluntarily agreed to have their contact information added to this list. Please get in touch with your insurance to confirm that your chosen provider is paneled with your insurance company.